

Widgets That Help Employees Know!



Mercer Belongsm Widgets for Employees are “mini-apps” designed to educate and inspire employees. Our widgets help equip employees to take informed, positive action.

Getting and Staying Smart on Money Matters

Money

Excuse Buster

Challenges common excuses for not saving.

Smart Money Talker

Equips employees with terms to “talk the talk” intelligently about saving and investment.

Pocket Changes

Quantifies how painless lifestyle changes can save a little now but make a big impact.

The Early Bird

Demonstrates the value of saving early.

Being Smart About Living Well

Health

Doc Dodger

Provides helpful, practical, everyday health tips for steering clear of the doctor’s office.

Smart Health Talker

Equips employees with terms to “talk the talk” intelligently about health and wellness.

Snack Burner

Translates snack food options into real time treadmill consequences.

Calorie Burner

Suggests easy, everyday ways to get people moving and calories burning.

Health Care Reform Informer

Helps keep employees current on Health Care reform and potential concerns, impacts and actions.

BMI Calc

Calculates individual BMI, provides personal analysis and links to educational BMI info.

Recipe for Investing

Provides 4 easy steps to an investment strategy.

Retirement Plan Change Finder

Reinforces plan change communication.

Debt Trap

Underscores the long-term impact of mounting debt as it piles up over time.

Myth Buster

Debunks common myths about saving and investing.

Time to Quit

Provides a compelling, interactive list of short- and longer-term benefits of quitting smoking.

Optimum Exercise

Answers the question, “Are you getting enough exercise?”

Food Swap

Suggests healthier food choices and tallies calorie savings.

Swap & Save

Not ready to overhaul your diet? You don't have to! Just making small adjustments to the things you eat every day can add up, and save you big over the course of a day, week, month or year. Try some of these simple substitutions and see how much you can save...

Can you handle this swap?
Swap mashed potatoes for steamed vegetables



3 of 8

No thanks ▶ Yes, swap it! ▶

Junk Food Finder

Challenges employees to identify unhealthy foods from a “meal” and provides a link to USDA dietary guidelines.

Know Your Numbers Quiz

Challenges assumptions about Americans’ greatest health risks and provides insight into preventing the biggest challenge.

Open Enrollment Countdown

Counts down the time remaining to enroll, and reminds employees to take action.

Debt Buster

Provides 9 easy ideas for reducing debt — practically and effectively.

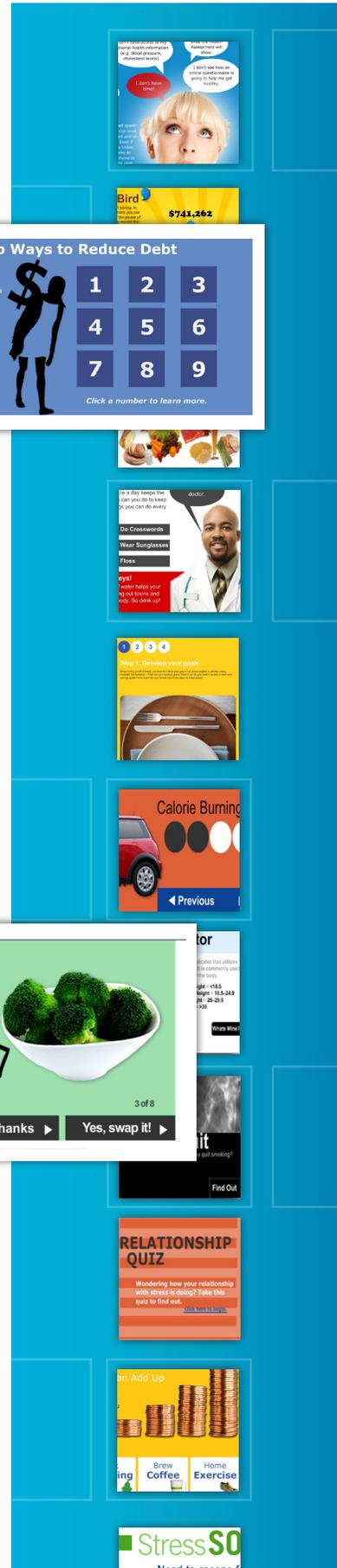
Top Ways to Reduce Debt

DEBT – Odds are you have some (maybe even a lot). You feel the squeeze every month, but are not sure what to do. Here are a few reminders that will help you get on the road to being debt free.



1	2	3
4	5	6
7	8	9

Click a number to learn more.



Career

Career Avenue

Tests employees on what matters most when it comes to career development.

Career Avenue

Tests employee knowledge of what matters most when it comes to career development.

What are three key avenues of development?
Development comes primarily from experience but exposure and education play key roles as well. The question is how much of a role?

EXPERIENCE + EXPOSURE + EDUCATION

20%

Drag and drop the percentages to the left to see if you can determine how the three key avenues of development break down.

Show me the answers

Live/Work

Stress Smarts

Challenges employees to select responses to common stress scenarios, then invites them to contact the EAP for help when needed.

Desk Exercises

Suggests a series of exercises you can do at your desk to relieve stress.

Resiliency Quiz

Assesses your resiliency skill so you can improve your attitudes and outlooks.

Stress Smarts

Challenges employees to select responses to common stress scenarios, then invites them to contact the EAP for help when needed.

RELATIONSHIP QUIZ N°1

Your company's make or break project just hit another client induced setback. You...

...calmly revise your project plan.

...pass the project off your intern for some OTJ training

...set up a web meeting and give the client an overview of Project Management 101.